

ENTRANCE ANTIPHON

**God is in his holy place,
God who unites those who dwell in his house;
he himself gives might and strength to his people.**

PENITENTIAL RITE

Lord Jesus, you came to gather the nations
into the peace of God's kingdom:

Lord, have mercy. **Lord, have mercy.**

You come in word and sacrament
to strengthen us in holiness:

Christ, have mercy. **Christ, have mercy.**

You will come in glory with salvation
for your people:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us.....Amen.

THE GLORIA

**Glory to God in the highest,
and on earth peace to people of good will.**

**We praise you, we bless you,
we adore you, we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the Father,
you take away the sins of the world,
have mercy on us;**

**you take away the sins of the world,
receive our prayer; you are seated
at the right hand of the Father,
have mercy on us.**

**For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ, with the Holy Spirit,
in the glory of God the Father. Amen.**

OPENING PRAYER

O God, protector of those who hope in you, without whom nothing has firm foundation, nothing is holy, bestow in abundance your mercy upon us and grant that, with you as our ruler and guide, we may use the good things that pass in such a way as to hold fast even now to those that ever endure. Through our Lord Jesus Christ....

LITURGY OF THE WORD

FIRST READING 2 Kings 4:42-44

A reading from the second book of Kings.

A man came from Baal-shalishah, bringing Elisha, the man of God, bread from the first-fruits, twenty barley loaves and fresh grain in the ear. 'Give it to the people to eat,' Elisha said. But his servant replied, 'How can I serve this to a hundred men?' 'Give it to the people to eat' he insisted 'For the Lord says this, "They will eat and have some left over."' He served them; they ate and had some over, as the Lord had said.

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps 144 :10-11, 15-18

**R. You open wide your hand, O Lord,
and grant our desires.**

1. All your creatures shall thank you, O Lord,
and your friends shall repeat their blessing.
They shall speak of the glory of your reign
and declare your might, O God. **[R]**

2. The eyes of all creatures look to you
and you give them their food in due time.
You open wide your hand,
grant the desires of all who live. **[R]**

3. The Lord is just in all his ways
and loving in all his deeds.
He is close to all who call him,
who call on him from their hearts. **[R]**

SECOND READING Ephesians 4:1-6

A reading from the letter of St. Paul's to the Ephesians.

I, the prisoner in the Lord, implore you to lead a life worthy of your vocation. Bear with one another charitably, in complete selflessness, gentleness and patience. Do all you can to preserve the unity of the Spirit by the peace that binds you together. There is one Body, one Spirit, just as you were all called into one and the same hope when you were called. There is one Lord, one faith, one baptism, and one God who is Father of all, through all and within all.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

**Alleluia, alleluia! A great prophet has appeared
among us; God has visited his people. Alleluia!**

GOSPEL John 6.1 - 15

A reading from the holy Gospel according to John.

Jesus went off to the other side of the Sea of Galilee - or of Tiberias - and a large crowd followed him, impressed by the signs he gave by curing the sick. Jesus climbed the hillside, and sat down there with his disciples. It was shortly before the Jewish feast of Passover.

Looking up, Jesus saw the crowds approaching and said to Philip, 'Where can we buy some bread for these people to eat?' He only said this to test Philip; he himself knew exactly what he was going to do. Philip answered, 'Two hundred denarii would only buy enough to give them a small piece each.' One of his disciples, Andrew, Simon Peter's brother, said, 'There is a small boy here with five barley loaves and two fish; but what is that between so many?' Jesus said to them, 'Make the people sit down.' There was plenty of grass there, and as many as five thousand men sat down. Then Jesus took the loaves, gave thanks, and gave them out to all who were sitting ready; he then did the same with the fish, giving out as much as was wanted. When they had eaten enough he said to the disciples, 'Pick up the pieces left over, so that nothing gets wasted.' So they picked them up, and filled twelve hampers with scraps left over from the meal of five barley loaves. The people, seeing this sign that he had given, said, 'This really is the prophet who is to come into the world'. Jesus, who could see they were about to come and take him by force and make him king, escaped back to the hills by himself.

The Gospel of the Lord. Praise to you, Lord Jesus Christ.



The love of God is a generous love, given to each of us.
A generous love that asks his people, to make his
generosity visible through the way we treat others.

NICENE CREED

**I believe in one God, the Father almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God,
begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven,**

All bow for following three lines:

**and by the Holy Spirit
was incarnate of the Virgin Mary,
and became man.
For our sake he was crucified under
Pontius Pilate, he suffered death and
was buried, and rose again on the third
day in accordance with the Scriptures.
He ascended into heaven and is seated
at the right hand of the Father.**

**He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord,
the giver of life, who proceeds from the
Father and the Son, who with the Father
and the Son is adored and glorified,
who has spoken through the prophets.
I believe in one, holy, catholic and
apostolic Church.**

**I confess one Baptism for the
forgiveness of sins and I look forward to
the resurrection of the dead and the life
of the world to come. Amen.**

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

Accept, O Lord, we pray, the offerings
which we bring from the abundance
of your gifts, that through the powerful
working of your grace these most sacred
mysteries may sanctify our present way
of life and lead us to eternal gladness.
Through Christ our Lord.

AFTER THE CONSECRATION

**When we eat this Bread and drink
this Cup, we proclaim your Death,
O Lord, until you come again.**

PRAYER AFTER COMMUNION

We have consumed, O Lord, this divine
Sacrament, the perpetual memorial of
the Passion of your Son; grant, we pray,
that this gift, which he himself gave us
with love beyond all telling, may profit us
for salvation. Through Christ our Lord.



The generosity of Jesus is never exhausted; he is like the host or hostess who prepares too much. He fed the crowds, and much was left over; the disciples collected the leftover fragments, and we might say that what was left over would be the bread of life for the world for all times. What he gave to the crowds was himself, and this is what is given at every Mass.

The eucharist is not just eating – it is sharing. The people sat in groups and maybe they shared with each other. They just didn't each come up and get a fish or piece of bread. They ate together and all had the same menu. Over the last months we have come to realise that the Mass on webcam, even though we value it, lacks the personal touch and the sharing. It was great to get back to after some months of no worship.

Did they know where the bread and fish came from? The bread and fish, the food of the poor, was shared by the young boy. The boy could probably only have afforded enough for himself. Still, he gave it away!

We can give thanks for the bread of the Eucharist, but also for the people who prepare our ordinary meals. They are doing a holy thing!

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