

ENTRANCE ANTIPHON

Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exult and be satisfied at her consoling breast.

PENITENTIAL ACT

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your mercy.

And grant us your salvation.

May almighty God have mercy on us.... Amen.

Lord, have mercy. Lord, have mercy.

Christ, have mercy. Christ, have mercy.

Lord, have mercy. Lord, have mercy.



OPENING PRAYER

O God, who through your Word reconcile the human race to yourself in a wonderful way, grant, we pray, that with prompt devotion and eager faith the Christian people may hasten toward the solemn celebrations to come.

Through our Lord Jesus Christ,

LITURGY OF THE WORD

FIRST READING 2 Chronicles 36:14-16. 19-23

A reading from the second book of Chronicles.

All the heads of the priesthood, and the people too, added infidelity to infidelity, copying all the shameful practices of the nations and defiling the Temple that the Lord had consecrated for himself in Jerusalem. The Lord, the God of their ancestors, tirelessly sent them messenger after messenger, since he wished to spare his people and his house. But they ridiculed the messengers of God, they despised his words, they laughed at his prophets, until at last the wrath of the Lord rose so high against his people that there was no further remedy.

Their enemies burned down the Temple of God, demolished the walls of Jerusalem, set fire to all its palaces, and destroyed everything of value in it. The survivors were deported by Nebuchadnezzar to Babylon; they were to serve him and his sons until the kingdom of Persia came to power. This is how the word of the Lord was fulfilled that he spoke through Jeremiah, 'Until this land has enjoyed its sabbath rest, until seventy years have gone by, it will keep sabbath throughout the days of its desolation.'

And in the first year of Cyrus king of Persia, to fulfil the word of the Lord that was spoken through Jeremiah, the Lord roused the spirit of Cyrus king of Persia to issue a proclamation and to have it publicly displayed throughout his kingdom: 'Thus speaks Cyrus king of Persia, "The Lord, the God of heaven, has given me all the kingdoms of the earth; he has ordered me to build him a Temple in Jerusalem, in Judah. Whoever there is among you of all his people, may his God be with him! Let him go up."

The word of the Lord. Thanks be to God.

RESPONSORIAL PSALM Ps. 136:1-6

R. O let my tongue cleave to my mouth if I remember you not!

1. By the rivers of Babylon there we sat and wept, remembering Zion; on the poplars that grew there we hung up our harps. (R)

2. For it was there that they asked us, our captors, for songs, our oppressors, for joy. 'Sing to us,' they said, 'one of Zion's songs.' (R)

3. O how could we sing the song of the Lord on alien soil? If I forget you, Jerusalem, let my right hand wither (R)

4. O let my tongue cleave to my mouth if I remember you not, if I prize not Jerusalem above all my joys! (R)

SECOND READING Ephesians 2:4-10

A reading from the letter of St. Paul to the Ephesians

God loved us with so much love that he was generous with his mercy: when we were dead through our sins, he brought us to life with Christ - it is through grace that you have been saved - and raised us up with him and gave us a place with him in heaven, in Christ Jesus.

This was to show for all ages to come, through his goodness towards us in Christ Jesus, how infinitely rich he is in grace. Because it is by grace that you have been saved, through faith; not by anything of your own, but by a gift from God; not by anything that you have done, so that nobody can claim the credit. We are God's work of art, created in Christ Jesus to live the good life as from the beginning he had meant us to live it.

The word of the Lord. Thanks be to God.

GOSPEL ACCLAMATION

Glory and praise to you, O Christ! God loved the world so much that he gave his only Son; everyone who believes in him has eternal life. Glory and praise to you, O Christ!.

GOSPEL John 3:14-21

A reading from the holy Gospel according to John

Jesus said to Nicodemus: 'The Son of Man must be lifted up as Moses lifted up the serpent in the desert, so that everyone who believes may have eternal life in him. Yes, God loved the world so much that he gave his only Son, so that everyone who believes in him may not be lost but may have eternal life. For God sent his Son into the world not to condemn the world, but so that through him the world might be saved. No one who believes in him will be condemned; but whoever refuses to believe is condemned already, because he has refused to believe in the name of God's only Son. On these grounds is sentence pronounced: that though the light has come into the world men have shown they prefer darkness to the light because their deeds were evil. And indeed, everybody who does wrong hates the light and avoids it, for fear his actions should be exposed; but the man who lives by the



truth comes out into the light, so that it may be plainly seen that what he does is done in God. '

The Gospel of the Lord.

Praise to you, Lord Jesus Christ.

APOSTLES' CREED

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord,

All bow for following two lines:

who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God,

the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

LITURGY OF THE EUCHARIST

PRAYER OVER THE OFFERINGS

We place before you with joy these offerings, which bring eternal remedy, O Lord, praying that we may both faithfully revere them and present them to you, as is fitting, for the salvation of all the world.

Through Christ our Lord.

AFTER THE CONSECRATION

The mystery of faith.

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

THE SIGN OF PEACE

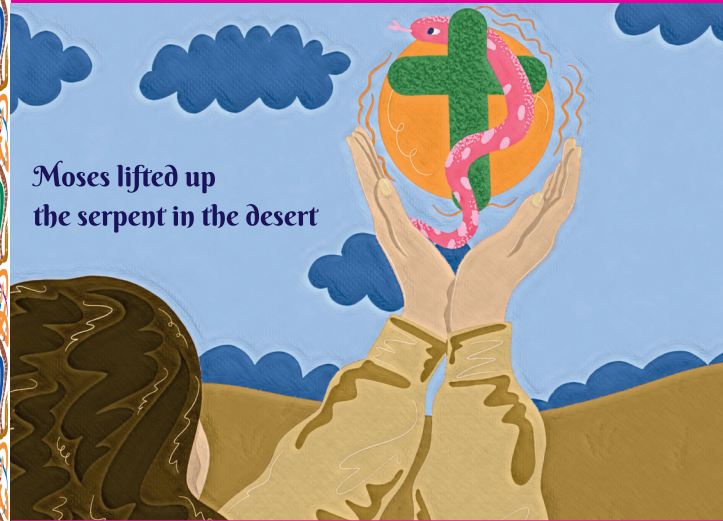
The peace of the Lord be with you always. **And with your spirit.**

focus on sunday

FOURTH SUNDAY OF LENT 10th March 2024

(Laetare Sunday)

Jesus offers a message of hope and salvation to the whole world.



Moses lifted up the serpent in the desert



A Christian should never look like someone who has just come back from a funeral! We traditionally think of Lent as a time of penance, fasting and prayer and can't wait for it to end. We rarely see it as a time of joy. But Lent is based on our belief that we live, every moment of our lives, in the knowledge that we are loved, infinitely and unconditionally, by God. Gratitude is the only foundation on which we can build an authentic relationship with God. And so, like Jesus, who spent forty days in the desert, discerning God's will for him and rejecting the temptations which would divert him from doing God's will, we too, in gratitude for being loved by God, reflect during Lent on God's will for us. Like Jesus, we are all surrounded by many temptations, which can, subtly and unsuspectingly, divert us from doing God's will. *"Whenever our interior life becomes caught up in its own interests and concerns, there is no longer room for others, no place for the poor. God's voice is no longer heard, the quiet joy of his love is no longer felt, and the desire to do good fades."* (The Joy of the Gospel, Ch 1 v 2). Laetare (meaning: rejoice) Sunday is a reminder that our penance, fasting and prayer, in the search for God's will, is always a time of rejoicing, as we allow the Spirit to challenge us and lead us to a closer relationship with God.

Fr. Peter McVerry